## WEEK 1

| Meat-free Monday | Tuesday | Wednesday | Efajita Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Spinach and Ricotta <br> Ravioli | Sausages and <br> Yorkshire Pudding | Beef Lasagne | Chicken Fajita | Scampi or <br> Fish fingers |
| Tomato Pasta | Quorn Sausages <br> and Yorkshire <br> Pudding | Vegetable Lasagne | Quorn Fajita | Mozzarella Sticks |
| Crispy Cubed <br> Potatoes | Mashed Potato | Garlic Bread | Seasoned Potato <br> Wedges | Chips |
| Mixed vegetables | Cauliflower Cheese <br> And Carrots | Broccoli and <br> Green Beans | Sweetcorn | Garden Peas or |
| Baked Beans |  |  |  |  |

## WEEK 2

| Monday | Taco Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Chicken Goujons | Minced Beef <br> Taco | Chicken Pasta Bake | Steak Pie | Cod Goujons or <br> Salmon Fishcake |
| Spicy Vegetable <br> Pasta Bake | Quorn Taco | Broccoli Pasta Bake | Cheese and Potato <br> Pie | Quiche or <br> Mozzarella Sticks |
| Seasoned Potato <br> Wedges | Potato Skins | Garlic Bread | Roasted Potatoes | Chips |
| Garden Peas or <br> Baked Beans | Fried Onions and <br> Peppers | Green Beans | Cabbage and <br> Carrots | Spaghetti Hoops or <br> Mixed vegetables |
| Cake and Toffee <br> Sauce/Custard | Churros and <br> Chocolate Sauce | Apple Crumble with <br> Custard or Ice <br> Cream | Carrot Cake with <br> Vanilla Icing | Choc Ice |

Other menu options - available every day:

- Baked potato with a selection of fillings
- Fresh Salad Bar
- Fresh sandwiches with a selection of fillings
- Freshly baked pizza, hot wraps and baguette melts
- Fresh fruit, cheese and crackers


## WEEK 3

| Meat-free Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Mac 'n' Cheese | Beef Mince and <br> Dumplings | Katsu Chicken Curry | Meatballs and Pasta <br> in Tomato Sauce | Scampi or <br> Fish Fingers |
| Quorn Nuggets | Quorn Mince and <br> Dumplings | Katsu Quorn Fillet <br> with Curry Sauce | Tomato and Basil <br> Pasta | Mozzarella Sticks |
| Crispy Cubed <br> Potatoes | Mashed Potatoes | Savoury Rice | Garlic Bread | Chips |
| Garden Peas or <br> Baked Beans | Cabbage and <br> Farmhouse <br> Vegetables | Baby Corn | Green Beans | Baked Beans or <br> Mixed Vegetables |
| Arctic Roll | Chocolate Brownie | Iced Cake with <br> Custard | Cheesecake | Choc Chip Cookie |

## WEEK 4

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Beef or Chicken <br> Burger <br> in a Bun | Pasta Bolognese | Chicken Tikka <br> Masala | Roast Turkey with <br> Cranberry Sauce | Cod or Fish Finger |
| Veggie Burger in a <br> Bun | Vegetable <br> Bolognese | Vegetable Tikka <br> Masala | Quorn Hotpot | Quiche or <br> Mozzarella Sticks |
| Curly Potato Fries | Garlic Bread | Rice and Poppadum | Roasted Potatoes | Chips |
| Sweetcorn | Green Beans | Baby Corn | Carrots and <br> Mashed Swede | Spaghetti Hoops or <br> Garden Peas |
| Choc Chip Cake and |  |  |  |  |
| Custard | Peaches and Cream <br> or Doughnuts | Chocolate Crispy <br> Cake | Chocolate Sponge <br> with Chocolate <br> Icing | Ice Cream |

Other menu options - available every day:

- Baked potato with a selection of fillings
- Fresh Salad Bar
- Fresh sandwiches with a selection of fillings
- Freshly baked pizza, hot wraps and baguette melts
- Fresh fruit, cheese and crackers

